

Join the Human Resources Benefits team and other experts for an educational, fun and health-oriented event. Free flu shots, stress reduction techniques and healthy living information—and learn more about the total rewards for Syracuse University employees and retirees.

## Thursday, Sept. 14 • 11 a.m. - 2 p.m. Flanagan Gymnasium

## **Participants:**

**Excellus BlueCross BlueShield** 

**Optum Rx** 

Carebridge

**SU Health Services** 

TIAA

MetLife

**Delta Dental** 

**VSP** 

Eye Health

**SEBF** 

Dental, Vision, and Disability information for SEIU employees

The Standard

**Embody Wellness Initiative** 

Mindful Eating and Wellness Consultants

**Healthy Monday Initiative** 

**Gebbie Clinic** 

**SU Bookstore** 

**SU Food Services** 

SU I.D. Card Services

**SU Real Estate Office** 

**Human Resources** 

Event host and will assist with any questions asked about employee benefits, as well as the Excellus transition

**Risk Management** 

International SOS Travel information, worker's compensation, and disability information

**Recreation Services** 

SU Stage/SU Drama

**University College** 

**SU Libraries** 

On My Own Time

Information Technology Services

**Public Safety** 

**Equal Opportunity, Inclusion, and Resolution Services** 

For more information, please contact the Human Resources Service Center at 315.443.4042 or email <a href="mailto:hrservice@syr.edu">hrservice@syr.edu</a>

For employees or retirees without a Syracuse University parking permit, complementary parking is available in the Booth Garage. A free roundtrip shuttle service will be provided during the event. For directions to Booth Garage, visit **parking.syr.edu/booth-garage-directions/** 

Syracuse University Human Resources